ibp index measuring the human effort (http://www.ibpindex.com)

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Track : 2016-05-14 tentativo al Sevice

IBP : 117

Detected modality : HKG (Hiking)

Reanalyzed as **BYC (Bicycle) (ibp_analisis_completo.php?REF=36724033909759&MOD=BYC&LAN=en&REM=&SMD=m) RNG (Running) (ibp_analisis_completo.php?REF=36724033909759&MOD=RNG&LAN=en&REM=&SMD=m)**

Reliability of the original trail: A (1017/100/0/-/-/100)

Level of correction applied to the trail: 0

Total length: 8.621 Km **mi / ft ?**

Analyzed distance: 8.621 Km

Lineal distance: 0.027 Km

Accumulated climb: 1094.35 m

Accumulated descent: 1093.87 m

info Points list (ibp_listadepuntos.php?REF=36724033909759&MOD=HKG&LAN=en&SMD=m)

Maximum height: 2103.98 m

Minimal height: 1013.37 m

Start height: 1013.37 m

End height : 1013.85 m

Climb rate: 26.33 %

Descent rate: 24.5 %

Positive climb difference per Km: 126.94 m

Negative descent difference per Km: 126.88 m

Total time: 5:11:57 h

Time in movement: 4:15:48 h

Stopped time: 0:56:09 h

Trail difficulty



Max slope filter: ~55 %

Min. points separation: ~30 m

Number of points: 2640 (cad. 3.27 m)

Significant points: 275 (cad. 31.46 m / 10.42 %)

Direction changes per Km: 16.36

Direction changes >5º per Km: 15.43

Accumulated straight stretches: 0.759 Km

Straight stretches per Km: 88.04 m

Penalizables slope changes: 3

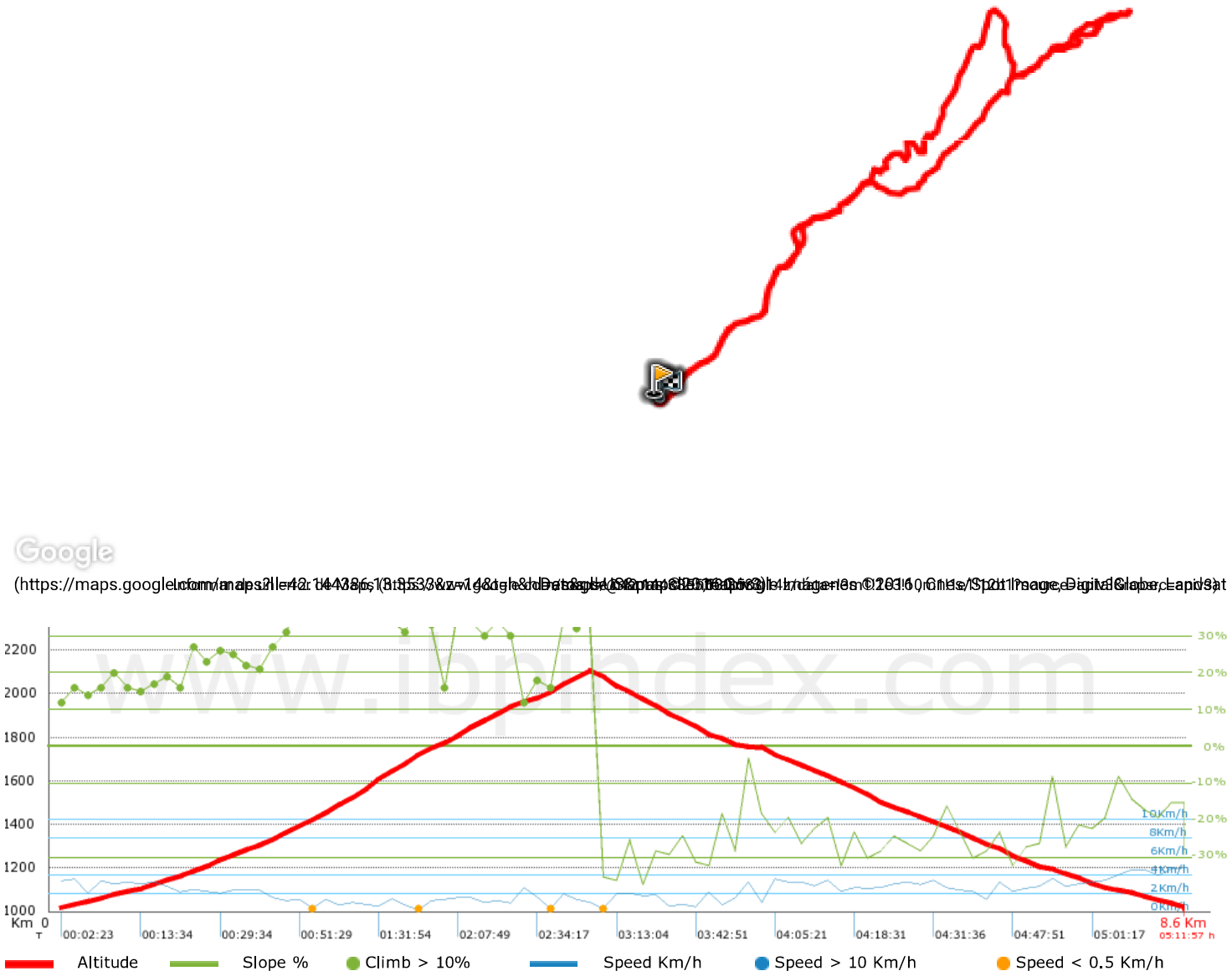
Penalizables slope changes per Km: 0.348

Total speed average: 1.66 Km/h

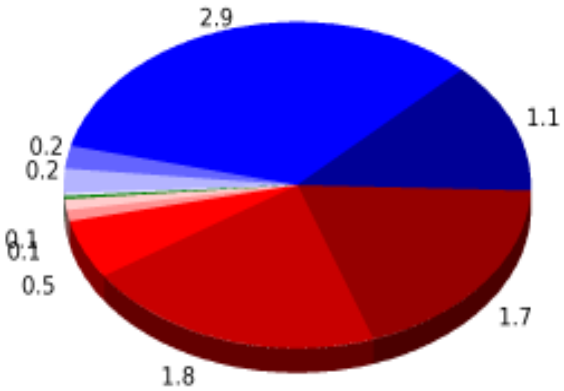
Average speed in movement : 2.02 Km/h

Maximum held speed: 5.36 Km/h

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Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	1.699	19.71	1.38	1:14:03

	Between 15 and 30%	1.783	20.69	2.07	0:51:44
	Between 10 and 15%	0.519	6.03	2.98	0:10:28
	Between 5 and 10%	0.063	0.73	2.75	0:01:22
	Between 1 and 5%	0.092	1.07	1.78	0:03:07
	Total	4.157	48.22	1.77	2:20:44
Plain					
	Difference of 1%	0	0	0	0:00:00
Breakdown descents					
	Between 1 and 5%	0.029	0.34	3.21	0:00:33
	Between 5 and 10%	0.205	2.37	4.52	0:02:43
	Between 10 and 15%	0.246	2.85	5.5	0:02:41
	Between 15 and 30%	2.91	33.76	2.39	1:13:12
	Between 30% and 55%	1.074	12.46	1.79	0:35:55
	Total	4.464	51.78	2.33	1:55:04
	Total track:	**8.621**	**100 %**	**2.02**	**4:15:48**

High altitude parameters, data above 1500 m

High altitude parameters, data above 1500 m							
Altitude m	**Distance Km**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed total**
2000	0.681	7.9	0:28:15	1.45	0:13:13	0:41:28	0.99
1750	1.8	20.88	1:10:39	1.53	0:09:23	1:20:02	1.35
1500	1.596	18.51	0:47:13	2.03	0:21:01	1:08:14	1.4
Total:	**4.077 Km**	**47.29 %**	**2:26:07 h**	**1.67 Km/h**	**0:43:37 h**	**3:09:44 h**	**1.29 Km/h**

Stops

Stops					
Distance Km	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**
1.87	0:07:00	1391	0:51:29	0:51:29	1.87

2.084	0:05:32	1464	1:05:49	0:14:20	0.214
2.263	0:05:25	1521	1:17:20	0:11:31	0.178
2.384	0:03:13	1569	1:25:54	0:08:34 < 10'	0.121
2.567	0:02:17	1643	1:37:17	0:11:23	0.184
2.628	0:10:06 > 10'	1668	1:41:15	0:03:58 < 10'	0.061
3.718	0:07:36	1999	2:36:36	0:55:21	1.09
4.061	0:05:37	2104	2:59:52	0:23:16	0.343
4.612	0:03:12	1926	3:28:01	0:28:09	0.55
4.827	0:03:37	1859	3:39:14	0:11:13	0.216
5.012	0:02:34	1802	3:47:55	0:08:41 < 10'	0.185
Total:	**0:56:09 h**				

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Marco has considered that this analysis of a trail could be of your interest.

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